

# Neonatal Abstinence Syndrome

## Our hospitals Journey





# What's happening at Reid Hospital



- Extensive training to staff on identifying and properly scoring NAS.
- Neo Advances
- NAS Family Centered Care
- Rooming In Agreement
- Shared Care Agreement
- Caring for an infant with NAS





# NAS Family Centered Care



- Parent involvement in all aspects of infant care
- Education to parents on how to help sooth their infant (C position)





# Set them up for success!



- Creating a calm environment
- Decreasing noise
- Lights dim
- Decreasing visitors
- Gradually increasing stimulation to the infant when ready.





# Rooming in Agreement



- Signed agreement subject to change if abused.
- Actively participate in as much of the infants care as possible.
- 24 hour “Rooming In” with parents when possible.
- Being present for all feedings and baths.
- 3 meals a day to help with financial burden.
- Good communication with staff.



# Shared Care Agreement



- Upfront expectations on their hospital stay.
- Parents reporting signs of withdrawal (yawn, sneeze & sleep record) .
- Community resources available.
- 24 hours of total infant care before discharge.
- Review the agreement as necessary.





# Educate! Educate! Educate!



- Caring for a Baby with NAS (information packet to parents).
- Review Finnegan Scoring.
- Do the scoring in front of the parents!
- Build a trusting relationship.
- Consistency

**Knowledge is Power!!!**



# What's missing?



- ✓ Trained all staff
- ✓ Finnegan Scoring System (Gold Standard)
- ✓ Educating the parents
- ✓ Rx Treatment to infant
- ✓ Non pharmacological treatment

We fixed the problem right?



# We were missing key elements



- Prenatal Education
- Working with treatment Centers or subscribers
- Department of Child Services
- Patient Resource Services (in hospital)
- Community Awareness
- Upfront Expectations to the parents!





# NAS Taskforce



## Getting the Key players together

- Mother Baby Care Center
- Pediatrician
- Department of Child Services
- Patient Resource Services @ Reid
- Community in Partners
- Richmond Treatment Center
- Manager of Adult Psych @ Reid



# Networking



- First meeting we had no real agenda
- Introductions what services you provide
- Round table discussion on the topic of NAS
- How can we help each other





# Prenatal Education



- Health Fair at Richmond Treatment Center
- How do we get them in for our programs  
(Childbirth classes, Shared Beginnings program)
- Permission to contact
- 1:1 appointments with parents





# 1:1 meetings What worked what didn't



- 1:1 No Shows
- Pregnancy Group.
- 1:1 @ Richmond Treatment Center.
- Incentives for participating (Free diapers).
- Feed them into other programs.



# Focus in Meetings



- Focus on what is important to them!
- Prenatal focus on warning signs in pregnancy
- Why its important to stay on a maintenance program.
- What to expect during their hospital stay.
- What community resources are available
- Our goal... Healthy Mom & Healthy Baby
- Next meeting to come to us tour of the unit.



# NAS Lunch and Learn



- We still needed to network with the other prescribers, so we fed them!
  - ✦ MBCC (Myself and Unit Manager)
  - ✦ Psych Manager to discuss NAS infant falls
  - ✦ Wayne County Drug Taskforce
  - ✦ Department of Child Services
  - ✦ Richmond Treatment Center
  - ✦ Indiana Perinatal Network
  - ✦ Other Prescribers in the area



# Work in Progress



- Community Awareness
- Contraceptive care to woman in a treatment program.
- Universal Drug Screening
- Follow up on families after their hospital stay.



# Thank You



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